

## Dance: 'Chickens'

*Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. Pupils should be taught to perform dances using simple movement patterns.*

### Objectives

- Movement in space
- Repetition of basic dance steps
- Creativity.

### Competencies

- Walking in the rhythm
- Basic dance steps
- Leading the team.

### Preparation/organization

- 5-10 minutes
- Preparing three “yards” (necessary definition/division of the three spaces by coloured cones, benches, laying of Frisbee, etc.).
- Prepare music (CD pupil with music of medium tempo, significant rhythm; changed music tact 2/4, 4/4, 3/3 /e.g. Polka, Waltz/)
- Can use musical instruments (drums, sticks)

### Duration

20-30 minutes

### Number of pupils/participants

15 to 30

### Material/equipment

- 1) Cones, benches, laying of Frisbee, etc. for distinction of three “Yards”.
- 2) CD with music of medium tempo/significant rhythm
- 3) Musical instruments may be used as stimuli for the dance

### Environment/space

Sufficient place (adequate size related to age group), can be played inside in the gym OR outside.

### Additional staff

No need of additional staff, if pupil with special need - can be placed assistant to support

### Description of the activity

*Motivation: “At backyard a few days ago was a born/hatched the little chickens. The “hen” is a caring mother, she decides she is going to guide her chickens in different ways. Chickens are good pupils and imitate their mother well!”*

- Class of pupils divided into three groups of similar number.
- Each group has its own “yard” (necessary definition/division of the three spaces by coloured cones, benches, laying of Frisbee, etc.).
- First pupil is a “hen” and behind are, in the crowd other pupils like, “chickens”.

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- Chickens are moving behind the hen and repeating her movements.
- The teacher plays music (or rhythm on drum) while the “hen” chooses dance steps to guide “chickens” around the “yard”.
- The “Chickens” walk behind the “hen” and repeat the dance steps.
- Pupils alternate in the position of “hen”.

**Variety**

Game/task modifications based on group/space size - difficulty level in order - from the simplest movement to the more difficult one: a) various dance steps (march, Polka, Waltz, step - move forward -step, ...); b) different rhythm.

**What happens next?**

Control of task completion - positive feedback. Teacher can show own choreography, dance steps.

**Links**

[http://www.nicurriculum.org.uk/curriculum\\_microsite/aaa/docs/primary/resources/Examples%20of%20Dance%20Actions.pdf](http://www.nicurriculum.org.uk/curriculum_microsite/aaa/docs/primary/resources/Examples%20of%20Dance%20Actions.pdf)